



ESSPD Workshops on Personality Disorders

Skills Training for Effective Treatments

4 – 6 June 2015 // Tallinn University // Tallinn, Estonia

Dear colleagues working with and interested in personality disorders,

On behalf of the European Society for the Study of Personality Disorder (ESSPD) and the local organizing committee we would like to invite you to the first ever ESSPD Workshops on Personality Disorders on June 4th–6th 2015 in Tallinn University, Tallinn, Estonia.

The event

The first ESSPD Workshops on Personality Disorders is intended specifically to cater to the needs of clinicians working with patients with personality disorders. The ESSPD has chosen and invited some of the best clinical experts in Europe to give lectures and workshops in their area of expertise.

The website

→ <http://www.esspd.eu/meeting-tallinn-2015>

The format

Plenary lectures should familiarise attendants to the theoretical underpinnings of the specific therapeutic approaches, and give a glimpse of the evidence supporting the effectiveness of the treatments.

Workshops will introduce clinical skills to be used with real patients in real, everyday clinical settings.

An application will be made to the EACCME for CME accreditation of this event.

Check out the → [Online programme](#)

The workshops

- **Arnoud Arntz:** Schema therapy for personality disorders in general
- **Anthony Bateman:** Mentalization based treatment for antisocial personality disorder: Introduction to clinical practice
- **Martin Bohus:** DBT for PTSD related to childhood sexual abuse in patients with Borderline Personality Disorder – a multicomponent programme
- **Giancarlo Dimaggio:** Metacognitive Interpersonal Therapy for avoidant personality disorder
- **Ad Kaasenbrood:** Social psychiatric management for people with a personality disorder
- **Babette Renneberg:** Cognitive-behavior therapy of social anxiety and avoidant personality disorder

→ [Detailed workshop and expert information](#)

Registration

Registration is now open with early bird fees (until March 6th). Registration for nurses and students will open at a later date.

→ [Register here!](#)

The collaboration partners

- Tallinn University Institute of Psychology
- Estonian Association for Cognitive Behavioural Therapy
- Union of Estonian Psychologists

We're hoping to meet many of you in Tallinn!

Andres Kaera
Local chair